

Pre-Health Post-Baccalaureate Pathways

Have you already taken the undergraduate-level BCMP prereq courses?

Career Changer Options

No

Yes

Academic Record Enhancer Options

Is your undergraduate GPA above a 3.0?

Yes

No

Recommendations:

Career Changer Undergraduate Program: Most commonly a certificate-based program that includes the BCMP prerequisite courses. Advantages- includes additional support services (pre-health advising, test prep support, etc.) Disadvantages- may not be accessible in all areas.

DIY Post-Bacc (Non-Degree Seeking): Take courses as a non-degree seeking student at local four-year college. Advantages- may be more accessible. Disadvantages- may lack additional support.

Recommendations:

Special Master's Program (SMP): Most commonly a 1 or 2 year program designed to mirror the first year of medical school. Advantage- SMP affiliated with medical schools often have linkage programs, provide additional support services, etc. Disadvantage- high cost, may not be accessible in all areas.

Master's Program in Biology, Chemistry, or Physics subject: Most commonly a 2 year program designed to show advanced rigor in BCMP coursework. Advantages- may be more accessible, funding might be available, broader scope of coursework. Disadvantages- not directly connected to health professional program.

Caribbean Medical Program: 4 year MD program with varied entry options based on student GPA and MCAT score. Advantages- invest time and money directly into medical degree. Disadvantages- distance from family/friends, financial cost.

Recommendations:

Undergraduate Level Academic Record Enhancer Program: Most commonly a certificate-based program that includes the BCMP prerequisite courses. Advantages- includes additional support services (pre-health advising, test prep support, etc.) Disadvantages- some might have GPA cutoffs, may not be accessible in all areas.

DIY Post-Bacc (Non-Degree Seeking): Take courses as a non-degree seeking student at local four-year college. Advantages- may be more accessible. Disadvantages- may lack additional support.

Caribbean Medical Program: 4 year MD program with varied entry pathway based on student GPA and MCAT score. Advantages- invest time and money directly into medical degree. Disadvantages- distance from family/friends, financial cost.

Parallel Pathways: ABSN, Podiatry, etc.

Additional Considerations & Resources:

-[AAMC Pre-Health Post-Bacc Search Engine](#) & [AACOM Post-Bacc Search Engine](#)

-All laboratory sciences courses must be taken in-person. Online courses are not often accepted by health professional schools.