



Supporting the Next Generation of Healthcare Professionals:
Insights into the evolution of Northeastern's PreMed and PreHealth
Advising Program

Co-Hosted by College of Science Development



The PreMed and PreHealth Advising Program is a specialized advising unit of **four full-time staff** operating under the Office of the Provost at Northeastern University.



Courtney Martinez, M.A.
PreHealth Advisor
Biology Lecturer, CPS
c.martinez@northeastern.edu



Anna Pietrzak, MS, NCC
Assistant Director
a.pietrzak@northeastern.edu



Ciara O'Donnell, M.Ed,
Senior Associate Director
c.odonnell@northeastern.edu

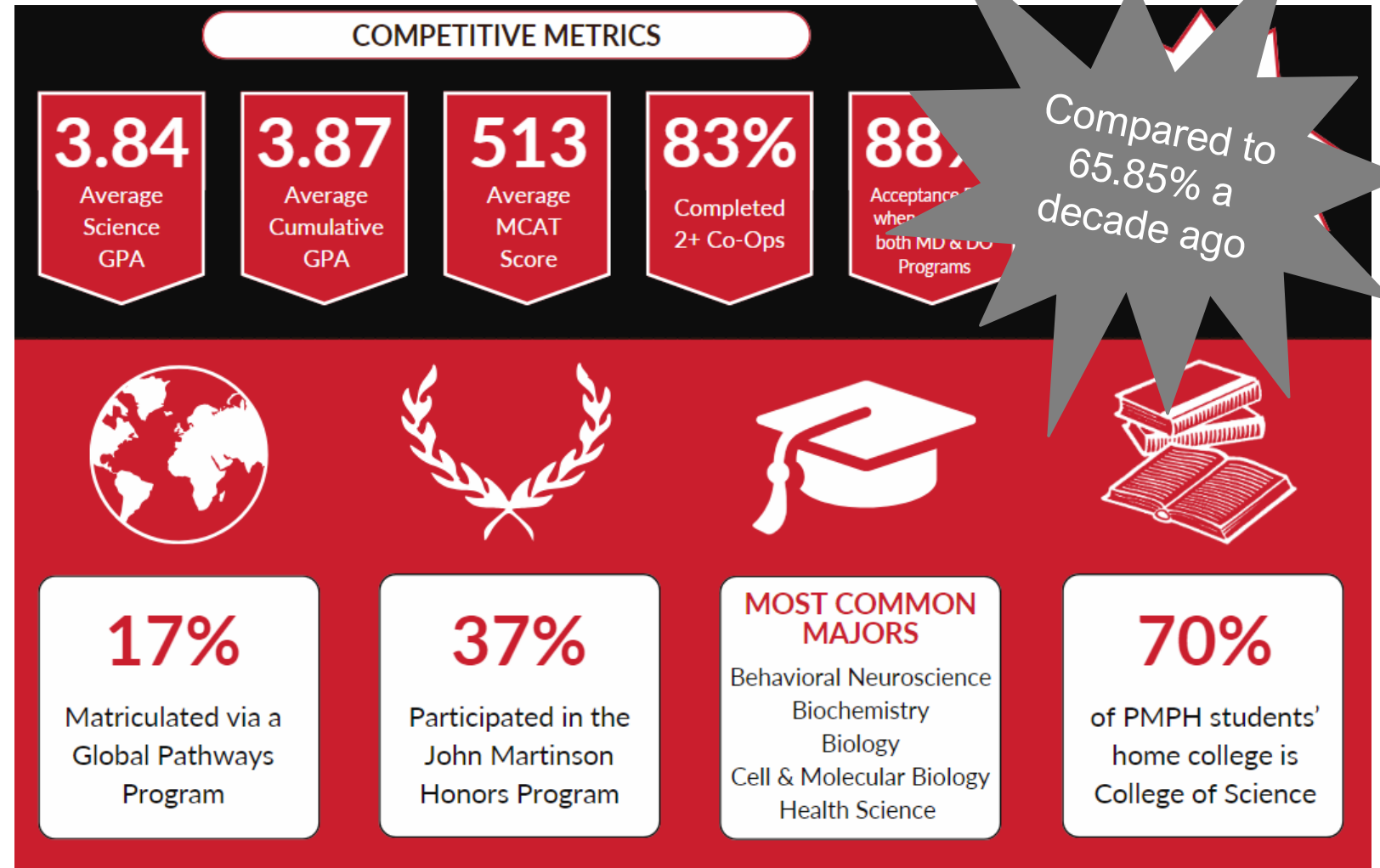


Emily Henderson, M.Ed.
PreHealth Advisor
e.henderson@northeastern.edu

Who We Are

Who We Serve

PreMed and PreHealth Advising **supports nearly 3,000 students and alumni from all colleges** across the university, and global campus network, on their pathway to medical school, dental school, physician assistant school, podiatry school, optometry school, and veterinary school.



This data reflects 150 Northeastern University students who applied and were accepted to medical school in the 2023-2024 application cycle.

Who We Serve

Our team of advisors collaborates with hundreds of students each year through our Application Readiness Program, providing expert guidance on their application materials and assistance with logistics.



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Who We Serve

About 200 medical and dental applicants benefit from our Letter Packet service annually.

Cycle	Total Applicants	# of Accepts	Acceptance Rate
2014	41	27	65.85%
2015	66	50	82%
2016	87	62	71.26%
2017	110	81	73.64%
2018	107	76	71%
2019	151	113	74.83%
2020	144	113	78.47%
2021	168	120	71.43%
2022	195	151	77.44%
2023	216	171	79.17%
2024	197	161	81.73%

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What We Do

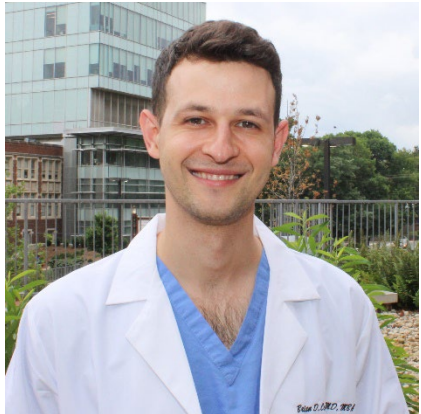
- Individual and cohort-based advising with a dedicated PreHealth Advisor
- Scaffolded Resources for New Students: [New Students & Families](#)
- Medical Applicant Portal
 - An online portal to develop a portfolio of PreMed/PreHealth experiences and store application materials created only for Northeastern University students!
- Tuition-Free Elective Courses: [PreMed and PreHealth Expedition Courses](#)
 - Discovering My PreHealth Pathway
 - Navigating Wellness & Building Community
 - Mapping Your Entrance Exam (MCAT & DAT Prep Courses)
 - Application Workshops (currently in development to become Roadmap to Application Success Expedition Course)
- Health professional school admissions webinars & special events: [Events](#)
- Professional Development: [Annual Health Professions Conference](#)
- Application Readiness Program
- Streamlined [Media](#) Communications: Socials, Blog, Newsletter

Sara Ha
*NU Cell and Molecular
Biology '20*
DMD Candidate



Sara is originally from New Jersey and graduated from Northeastern University in 2020 with a major in Cell & Molecular Biology and a minor in Psychology. She is now a fourth-year dental student at the University of Pennsylvania School of Dental Medicine and is currently applying to orthodontic residency programs.

Brian Cortese M.D.,
M.B.A.
NU Biochemistry '19



Brian Cortese is currently a first-year Urology resident at Vanderbilt University Medical Center in Nashville, TN and works part-time at Rubrum Advising, a boutique health policy consulting firm. His career interests lie at the intersection of medicine, business, and health policy with much of his current research focusing on public-private partnerships and pharmaceutical drug pricing. He graduated summa cum laude from Northeastern University in 2019, majoring in Biochemistry.

Dr. Nadia Diab-Shamari is a board-certified Pediatric Dentist. She earned her Bachelor's Degree in Biology from Northeastern University and her dental degree from Tufts University School of Dental Medicine. Dr. Diab further specialized in Pediatric Dentistry, obtaining her certification from the Medical College of Virginia. Dr. Diab has successfully started and grown multiple de novo pediatric practices, expanding them into multispecialty dental practices. Dr. Diab is actively involved with Northeastern University, where she serves as a mentor and co-op employer through their Pre-Dental Program.

Nadia Diab-Shamari
DMD
NU Biology '90



Stephan Palm
*NU Behavioral
Neuroscience '21*

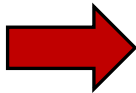


Stephan graduated from NU with his BS in behavioral neuroscience in 2021. He spent three gap years working in a hybrid clinical/research role in a neuroimaging laboratory at Brigham and Women's Hospital. In August, he started as a first-year medical student at the University of Chicago Pritzker School of Medicine

How Can You Get Involved?

Engage:

- **Mentor:** join our growing [Alumni Mentor Network!](#)
- **Network:** participate in the annual [Health Professions Conference](#)
- **Share:** serve as a guest speaker, and share your educational and professional experiences in a student-facing event
- **Connect:** Follow @NUPreHealth (Facebook & Instagram) and join the “[Northeastern University PreMed and PreHealth Advising](#)” group on LinkedIn

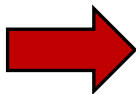


Contact:

Ciara O'Donnell
Senior Associate Director
PreMed and PreHealth Advising Program
c.odonnell@northeastern.edu

Funding opportunities:

- PreHealth Expedition Course expansion
- PreMed and PreHealth Experiential Learning Grant
- Student to Alumni Mentor Program (STAMP)



Contact:

Jeremy Brick
COS Assistant Director - Major Gifts
j.brick@northeastern.edu
or
Veronica Jorge-Curtis
COS Director of Development
v.jorge-curtis@northeastern.edu

Audience Q&A

Use the Webinar Q&A feature to ask your question(s) for the panelists and/or The PreMed and PreHealth Advising Program