**Discovering My PreHealth Pathway Seminar Outline –MASTER COPY**

**Course Information:**
Term and Year: Fall 2024

Credit Hour(s): 0

Course Format: Traditional, In-Person

For meeting dates, times, and locations please see the schedule below.

**Instructor Information:**

Full Name: Anna Pietrzak & Courtney Martinez

NEU Email Addresses: a.pietzak@northeastern.edu; c.martinez@northeastern.edu

**Series Description:**

The Discovering My PreHealth Pathway Seminar is designed to provide first & second year pre-health learners with an in-depth exploration of their personal values related to their journey to a health professional career. This 6-part series will include live seminars and engaging activities focused on career-life alignment, networking, active citizenship, exploring healthcare careers, and demystifying research. By completing the series, pre-health learners will have increased clarity and motivation in the pre-health pathway.

The seminar sessions will be offered fully on-ground with online action step assignments through Canvas. First and second-year pre-health students enrolled in full-time courses on the Boston campus during the Fall 2024 will be eligible to opt-in and earn a certificate of completion.

**Learning Outcomes:**

LO1: Identify and craft meaningful extracurricular experiences aligned with personal values.

LO2: Confidently build a professional network and conduct informational interviews.

LO3: Engage with the campus and local community to demonstrate an orientation to service.

LO4.1: Explore and identify the unique features of various health professions.

LO4.2: Develop a sense of professional identity and related behaviors to prepare for entering the health professional workforce.

LO5: Navigate the complexities of identifying, securing, and beginning in an undergrad research role.

LO6.1: Create a custom outline of learner’s pre-health pathway for future semesters.

LO6.2: Appreciate the value of a collaborative, rather than a competitive, pre-health community.

**Recommended Book:**

[You Don't Have to Be a Doctor: Discover, Achieve, and Enjoy Your Authentic Health Career](https://www.amazon.com/You-Dont-Have-Doctor-Authentic/dp/1951591194) by Jeffrey Oxendine

**Tentative Series Schedule: All seminars will be held at 12pm or 4pm ET, location TBA**

|  |  |  |  |
| --- | --- | --- | --- |
| **Week** | **Meeting Date** | **Topic** | **Action Step Activity** |
| 1 | TH 9-12-24 | Introduction & Career & Life Alignment | Values Self-Reflection |
| 2 | TH 9-26-24 | Social Collateral | Informational Interview |
| 3 | TH 10-10-24  | Becoming an Active Citizen | Active Citizen Continuum Self-Reflection |
| 4 | W 10-24-24  | Exploring Health Careers | Health Profession Presentation |
| 5 | TH 11-7-24  | Demystifying Research | Research Exploration & Self-Reflection |
| 6 | TH 11-21-24  | Celebration & Future Plans | Final Self-Reflection & Pre-Health Plan |

**How to Earn a Certificate:**

1. Students must indicate their decision to participate in the series by completing the Registration Form by Friday, September 6th, 2024.
2. Students who opt-in will be enrolled in the Canvas shell on Tuesday, September 10th, 2024.
3. Students then must attend at least 5 of the 6 seminars. Please see the above schedule for details and plan accordingly.
4. Students must complete all 6 seminar action step assignments in Canvas by the end of the Fall semester, December 13th, 2024.
5. Certificates will be sent to all eligible students in January 2025.

*\*Attendance Policy: Students are allowed up to 1 absence to use at their discretion (illness, wellness day, scheduling conflict, etc.).*