

GETTING STARTED

Medical Applicant Portal (MAP): MAP is an online resource for undergraduate students and alumni to identify themselves as Pre-Health and stay informed of important events, services, requirements and deadlines. It also serves as a portfolio to help prepare students for the application process. Create a MAP account in StudentHub.

Connect with us: Learn more about our program and advising services, by visiting our [New Students](#) webpage.

EXPERIENTIAL PREPARATION

Community Engagement: Health professional programs expect applicants to demonstrate a desire to help, work with, and understand others. Working in healthcare requires a service orientation and commitment to your community. Engage your campus community through [student organizations](#), a [Community Service & Civic Engagement program](#), and/or a Service-Learning course. Volunteer in meaningful ways to become an engaged and educated citizen dedicated to helping others.

Research: To be an effective healthcare leader you must understand how treatments move from discovery and development to the bedside. Having an understanding of the research process allows for an informed interpretation of hypotheses, results, and translation into practice. Research is an integral part of a competitive medical school application and strongly recommended for other Pre-Health Pathways. Examples may include volunteering in academic labs, co-curricular opportunities (E.g., Directed Study, Capstone, etc.), [NU research awards and fellowships](#), and/or paid employment (E.g., Co-op, internship, etc.).

Clinical: Clinical experiences are an important way to explore the healthcare field and demonstrate ongoing interest in the profession. Clinical experience can come in a variety of roles and opportunities but should include direct interaction with practitioners (employment or shadowing) and direct care for patients (employment or volunteering). It is important to consider any program-specific clinical requirements for your chosen PreHealth pathway. For example, many PA programs require an approximate number of hours (about 2,000 for competitive applicants) of hands-on patient care experience prior to applying. Many health fields also require shadowing hours prior to applying.

ACADEMIC PREPARATION

Selecting a Major: Academic course requirements for health professional programs may be integrated into any major at Northeastern. Students admitted to health professional schools come from all undergraduate majors. Programs appreciate academic diversity. You are encouraged to select a major based on your academic interests and career goals. Students should meet with both their Academic Advisor and PreHealth Advisor to determine the best way to successfully complete their required coursework.

Common Courses: The courses listed on the [Academic Preparation](#) page of our website meet the requirements of many health professional programs. These are intended to provide a foundation in subject areas relevant to the student's intended health professional program and its corresponding entrance exam.

Supporting Information: The [Academic Preparation](#) page of our website also includes guidance on incorporating study abroad experiences (including NUin and Global Scholars), AP/IB credits, and dual enrollment courses into your Pre-Health Pathway.

ENTRANCE EXAM

Achieving a competitive score on your health graduate program's entrance exam (E.g., MCAT, DAT, OAT, GRE, or PA-CAT), as applicable, shows preparation for your future career and is an important step in your professional journey. Learn more about the relevant entrance exam, if any, for your graduate health program by visiting our [Entrance Exams](#) webpage.

THE NU EXPERIENCE

Co-Op: Northeastern's Co-op Program is one way students can obtain experiential preparation. There are no designated Pre-Health co-ops. Rather, students should apply to co-op jobs based on their individual interest in the position.

Global Experiences: Explore opportunities to gain experience in other countries and/or with other cultures to better prepare yourself to professionally practice in an increasingly global society. Learn more about global experiences for pre-matriculated and matriculated NU students by visiting our [Global Experience](#) webpage.