Northeastern University
PreMed and PreHealth
Advising Program

Northeastern Health Professions Conference

Saturday, February 3, 2024

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A Note from PMPH

Hello!

All of us at the PreMed & PreHealth Advising Program are delighted to have you join us for the 2nd Annual Health Professions Conference! This year's event will showcase the theme: **Visibility in Healthcare** as we explore the need for diversity, equity, and inclusion in healthcare. We hope you leave the conference with a renewed motivation to pursue your health career as well as new tools and resources to support you on your journey.

If you have any questions following the conference, please don't hesitate to contact the conference co-chairs (Emily Henderson & Tyler Rock) or your assigned PreHealth Advisor!

Sincerely,

The PreMed & PreHealth Advising Program

Keynote Speaker

At 20, **Shan Mohammed** was told by his undergraduate pre-med advisor that he'd never get into medical school as a Music History/ Musicology major and with a C- in physics!

Now, Dr. Mohammed is a clinical professor in the Department of Health Sciences and is the Assistant Dean for Diversity, Equity and Inclusion Educational and Student Initiatives at Bouvé College of Health Sciences. In this role he is responsible for providing leadership and oversight of education and student engagement initiatives related to the Bouvé DEI Action Plan. He leads DEI related curricular efforts and facilitates mentorship of faculty and staff in relation to DEI teaching and learning, supports activities which enhance the enrollment and success of underrepresented students, and promotes the preparation of all learners to contribute to achieving health equity.

Dr. Mohammed is the founding director of the Master of Public Health Program in Urban Health at Northeastern University and oversaw the program from 2007–2017. Dr. Mohammed served as Faculty-in-Residence from 2015-2022 living in International Village with 1,100 undergraduate students where he designed and implemented programming to assist students achieve academic success and cultivate their personal and professional development.

He currently serves as the chair of the Education Advisory Committee with the Association of Schools and Programs in Public Health (ASPPH) which represents over 140 programs and schools of public health and is the national co-chair of the Expert Panel on Transformative Approaches to Teaching and Learning with the ASPPH Framing the Future: Education of Public Health 2030 initiative.

Dr. Mohammed is a licensed and board-certified family medicine physician. Before joining Northeastern in 2007, he held appointments in the Department of Family Medicine and the Department of Epidemiology and Biostatistics in the School of Medicine at Case Western Reserve University, Cleveland, Ohio. And yes, he did have to re-take physics!

Schedule

Registration & Breakfast — 8–9 a.m.

Ballroom

Attendees may arrive anytime between 8–9 a.m. to check-in at the registration table. A continental breakfast will be served. Please try to be seated by 8:45 a.m. to be ready for the opening Keynote presentation.

Keynote — 9–10 a.m.

Ballroom

Presenter: **Shan Mohammed, MD, MPH, FAAFP**; Assistant Dean, DEI Educational and Student Initiatives; Clinical Professor, Health Sciences

Concurrent Sessions — Session 1: 10:15–11 a.m. / Session 2: 11:15 a.m.–12 p.m.

Promoting Career Wellness and Preventing Burnout in Health Professions

McLeod A

Presenters: **Ali Salinger,** Assistant Director in the Career Design Office at Northeastern University

Danette Mucaria, Associate Director of Mental Health in the University Health and Counseling Services at Northeastern University

While rewarding, careers in healthcare have notoriously high rates of burnout. Join this dynamic session to discuss career wellness and learn strategies about preventing burnout in a healthcare profession.

Financing Your Health Profession Program

McLeod C

Presenters: **Julie Gilbert**, Lead Education Debt Management Specialist, Association of American Medical Colleges (AAMC)

Courtney Martinez, PreHealth Advisor in the PMPH Office at Northeastern University

Representatives from the AAMC and the Northeastern PreMed & PreHealth Advising program will discuss costs associated with applying to different health profession programs, what resources may be available to help fund application expenses, the realistic cost of attendance and how to prepare for those costs, where to find scholarships and loans to finance your education, and other financial resources that may help you along the way!

Schedule

Concurrent Sessions *(continued)*

Session 1: 10:15–11 a.m.
Session 2: 11:15 a.m.–12 p.m.

Demystifying Research: A Roundtable Discussion Focusing on the Value of Research for PreHealth Students

McLeod B

Presenters: **Richard G. Wamai, PhD**, Professor of Cultures in the Societies and Global Studies department at Northeastern University

Wayne S. Saltsman, MD, PhD, Strategic Partnership Advisor in the PMPH Office at Northeastern University

Alex Chang '24, current Biology/Political Science major at Northeastern University

Join this roundtable discussion to learn more about the importance of research experience as it relates to a career in healthcare. Presenters will share about their individual research backgrounds and answer questions about finding unique research opportunities that fit students' specific interests. This session is applicable to all students, including those looking for their first research experiences, as well as those who are getting ready to apply to a health profession program and are seeking insight about how to leverage their research exposure going forward.

Go Global! PreMed and PreHealth focused Global Opportunities at Northeastern

Curry 340

Presenters: **Brian Sheffer**, Associate Director of Faculty-Led Programs in the Global Experience Office at Northeastern University

Kelley Fitzgerald, Assistant Director of Faculty-Led Programs in the Global Experience Office at Northeastern University

Catherine Kareores, Assistant Director of Study Abroad & Exchange in the Global Experience Office at Northeastern University

Student Panelists: **Kennedy Thompson, Sidney Searles, Limor Makhani**

Join this interactive presentation to learn more about the study abroad opportunities that Northeastern has to offer and how global experience can contribute to a competitive health professions application. The presentation will be followed by a Q&A session with a panel of PreHealth students who have engaged in global experiences in the past. This session is applicable for all students, including those looking for global experiences, as well as those who are getting ready to apply to a health profession program and are seeking insight about how to leverage their global exposure going forward.

Schedule

Concurrent Sessions *(continued)*

Session 1: 10:15–11 a.m.
Session 2: 11:15 a.m.–12 p.m.

Understanding and Identifying the Importance of Impactful Community Engagement in Healthcare Professions

Curry 333

Presenters: **Kristen H. Goodell, MD**, Associate Dean of Admissions at the Boston University Chobanian & Avedisian School of Medicine.

Hilary Sullivan, Director of the Community Service & Civic Engagement at Northeastern University.

Through the discussion of case studies, students will learn what factors make a community engagement endeavor impactful, as well as understand where to find meaningful opportunities to get involved with their communities. The session will help students appreciate the importance of service in a healthcare profession, and in future applications.

Fake, Fraud, Phony: Managing Impostor Feelings as a Health Professions Student

Curry 346

Presenter: **Steven Chang, PhD,** Director of Admissions at the University Detroit Mercy School of Dentistry

Despite many achievements and great academic success, many high achieving undergraduate students struggle with impostor phenomenon (syndrome), which is a feeling of extreme self-doubt despite success and achievements. Graduate and professional programs increasingly observe the impact of impostor syndrome on applicants and matriculates during the crucial transition into, and through, rigorous health disciplines. This session will focus on an exploration of the prevalence and impact of impostor phenomenon within pre-health professions undergraduates, with the focus on helping students meet their full potential. Strategies for students to combat impostor feelings exacerbated by the application process to graduate health professions programs will be discussed.

Schedule

Lunch 12:15–1:30 p.m.

Option 1: Networking Luncheon in Ballroom

This luncheon provides attendees the opportunity to network with various admissions representatives, alumni, practitioners, faculty, and other campus partners. *(Advanced sign-up required)*

Option 2: Wellness Luncheon in West Mezzanine

This relaxed luncheon environment will serve as an opportunity for attendees to rest and re-charge for the afternoon portion of the conference.

Option 3: Lunch on Your Own

Attendees may choose to purchase or bring their own lunch. See the conference website for food options.

Panels 1:45–3 p.m.

Option 1: Alumni Panel

McLeod Suites

Moderator: **Ciara O' Donnell,** Senior Associate Director of the PMPH Office at Northeastern University

This panel is comprised of Northeastern alumni from various health professions. Through guided questions by the moderator and open questions from the audience, panelists will share about their healthcare journey. In doing so, attendees will gain a deeper understanding of the individuality of one's healthcare pathway and how their time as a Husky impacted their future.

Option 2: Mystery Panel

Ballroom

Moderator: **Wayne S. Saltsman, MD, PhD,** Strategic Partnership Advisor in the PMPH Office at Northeastern University

This panel is comprised of healthcare professionals from various health professions, which will remain anonymous to the audience throughout the session. Through guided questions by the moderator and open questions from the audience, attendees will work together to uncover each panelist's healthcare profession. In doing so, attendees will witness the overlap and differences between the various health fields.

Schedule

Fair 3–5:30 p.m.

Indoor Quad

This fair gives attendees the opportunity to network with dozens of health profession programs, have a professional headshot taken, network with various alumni and practitioners, connect with PreHealth student organizations, learn more about gap year opportunities, and get acquainted with Northeastern resources.

Book Swap

Do you have any extra entrance exam prep books that you don't need anymore? Consider participating in the book swap! There will be a cart at the registration table where you will be able to drop off gently used entrance exam prep books. Books that are donated will be brought to the Health Professions Fair in the afternoon and students will be able to pick up books to take home at the end of the event.

Dress For Success

At this conference you will have the opportunity to network with numerous health professionals and schools! Please dress professionally as there will also be the opportunity to have your headshot photo taken!

Fair Directory
Programs

University/Organization	Program(s)
Bouvé College of Health Sciences Masters Programs	Allied Health
Sherman College	Allied Health
Boston University Henry M Goldman School of Dental Medicine	Dental
Tufts University – School of Dental Medicine	Dental
University at Buffalo School of Dental Medicine	Dental
University of Detroit Mercy	Dental
University of New England	Dental, PA, PT, Allied Health
Rowan-Virtua School of Osteopathic Medicine	DO
University of New England College of Osteopathic Medicine	DO
Roux Institute	Gap Year Opportunity
Geisel School of Medicine at Dartmouth	MD
Robert Larner College of Medicine at the University of Vermont	MD
Rush University Medical College	MD
UMass Chan Medical School	MD
Uniformed Services University	MD
Boston University Chobanian and Avedisian School of Medicine	MD, SMP*
St. George's University	MD, Veterinary

This list is subject to change.

Fair Directory
Programs

New England College of Optometry	Optometry
Johnson & Wales University	PA
Northeastern University PA Program	PA
MGH Institute of Health Professions	PA, Allied Health
Massachusetts College of Pharmacy & Health Sciences	PA, Optometry, PT, Allied Health
Elon University	PA, PT
Saint Joseph's University	PA, PT
Tufts University School of Medicine	PA, PT, SMP*, Allied Health, MD
New York College of Podiatric Medicine	Podiatry
Northeastern Post-Baccalaureate Pre-Medical Program	Post-Bacc
Northeastern University PT Program	PT
Cummings School of Veterinary Medicine at Tufts University	Veterinary

***SMP** stands for **Special Master's Program.** Upon completion of the program, students will earn an advanced degree which can help applicants stand out during the admissions process for a professional healthcare program. Furthermore, good grades (typically As and Bs) in graduate-level courses can enhance an applicant's GPA, demonstrate a positive upward trend in academics, and demonstrate to professional schools that an applicant can be successful in difficult advanced coursework. Additionally, participating in a special master's degree program at a university that also grants the terminal degree an applicant is seeking can potentially serve as a pathway to that program. You can read more about SMP programs on our website HERE.

This list is subject to change.

Fair Directory

Resources, Student Organizations, and Test Prep

Massachusetts Promise Fellowship	Resource
Book Swap	Resource
Community Service & Civic Engagement	Resource
Employer Engagement & Career Design	Resource
Global Experience Office	Resource
Northeastern PreMed & PreHealth Advising Program	Resource
Professional Headshot Photos	Resource

American Medical Student Association	Student Organization
Minority Association of PreHealth Students (MAPS)	Student Organization
Phi Delta Epsilon	Student Organization
PreDental Association	Student Organization
PrePA Society	Student Organization

Blueprint Test Prep	Test Prep
The Princeton Review	Test Prep

This list is subject to change.

Who We Are

The Northeastern PreMed and PreHealth Advising Program provides individualized advising resources to Northeastern undergraduate students and alumni considering careers in the areas of allopathic medicine (MD), osteopathic medicine (DO), dentistry, optometry, physician assistant, podiatric medicine, or veterinary medicine. We strive to educate and advise students on health professional school expectations, preparation requirements, and application processes to facilitate the success of Northeastern applicants and be a trusted source of competent and caring health professions advisors.

Contact Us

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