

Sophomore Seminar Series Course Outline

Course Information:

Term and Year: Spring 2024

Credit Hour(s): 0

Course Format: Traditional, In-Person

For meeting dates, times, and locations please see the schedule below.

Instructor Information:

Full Name: Anna Pietrzak & Courtney Martinez

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Series Description:

The Sophomore Seminar Series is designed to provide second-year pre-health learners with an in-depth exploration of their personal values related to their journey to a health professional career. This 6-part series will include live seminars and engaging activities focused on career-life alignment, networking, active citizenship, the clinical landscape, and demystifying research. By completing the series, pre-health learners will have an increased commitment and motivation to continue in the pre-health pathway.

The series will be offered for the first time in the Spring 2024 term. The seminar sessions will be offered fully on-ground with online reflection assignments through Canvas. Second-year pre-health students who are enrolled in full-time courses on the Boston campus during the Spring 2024 will be eligible to opt-in to participate and earn a Certificate. Second-year students who cannot participate in-person may still engage with the Canvas course asynchronously but will not earn a Certificate.

Learning Outcomes:

LO1: Identify and craft meaningful extracurricular experiences aligned with personal values.

LO2: Confidently build a professional network and conduct informational interviews.

LO3: Engage with the campus and local community to demonstrate an orientation to service.

LO4: Critically consider current issues in healthcare within a local, national, and global context.

LO5: Navigate the complexities of identifying, securing, and beginning in an undergrad research role.

LO6: Appreciate the value of a collaborative, rather than a competitive, pre-health community.

Recommended Book:

[You Don't Have to Be a Doctor: Discover, Achieve, and Enjoy Your Authentic Health Career](#) by Jeffrey Oxendine

Tentative Series Schedule: All seminars will be held at 12pm ET, location TBA

Week	Meeting Date	Topic	Canvas Assignment
1	TH 1-18-24	Introduction & Career & Life Alignment	Values Inventory
2	TH 2-8-24	Networking	Informational Interviews
3	TH 2-22-24	Becoming an Active Citizen	Community Service Activity
4	W 3-20-24	The Clinical Landscape	Current Issue in Healthcare
5	TH 4-4-24	Demystifying Research	Identify Research Opportunity
6	TH 4-11-24	Community Learning & Celebration	Self-Reflection

How to Earn a Certificate:

1. Students must indicate their decision to participate in the series by completing the Sophomore Seminar Series Opt-in Form by Friday, January 12th, 2024.
2. Students who opt-in will be enrolled in the Canvas shell on Tuesday, January 16th, 2024.
3. Students then must attend at least 5 of the 6 seminars. Please see the above schedule for details and plan accordingly.
4. Students must complete all 6 seminar assignments in Canvas by the end of the Spring semester, April 27th, 2024.
5. Certificates will be sent to all eligible students in May 2024.

**Attendance Policy: Students are allowed up to 1 absence to use at their discretion (illness, wellness day, scheduling conflict, etc.).*

How to Participate Asynchronously:

Second-year students who cannot participate in-person may still engage with the Canvas course asynchronously but will not earn a certificate.

To participate asynchronously, please complete the opt-in form and select the asynchronous option. Asynchronous participants will be added to the Canvas course and given access to each of the six session modules as they become available throughout the Spring 2024 semester. Students will have the option to engage with the material as much or as little as they find beneficial to their pre-health journey.