



Northeastern University

**PreMed and PreHealth
Advising Program**

Introduction to Co-op |

Agenda



INTRODUCTIONS



THE VALUE OF
EXPERIENTIAL LEARNING



CHOOSING A COOP

PreMed and PreHealth Advising Program

The Northeastern PreMed and PreHealth Advising Program provides individualized advising resources to Northeastern undergraduate students and alumni considering careers in the areas of allopathic medicine (MD), osteopathic medicine (DO), dentistry, optometry, physician assistant, podiatric medicine, or veterinary medicine.

We strive to educate and advise students on health professional school expectations, preparation requirements, and application processes to facilitate the success of Northeastern applicants and be a trusted source of competent and caring health professions advisors.



Learn More About Us

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WITH OUR
OFFICE...**



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NU Prehealth

> Visit our website:

northeastern.edu/prehealth



Meet Our Staff

PreHealth advisees are encouraged to meet with their advisor at least once per academic year. Please schedule all appointments with your advisor through [EAB Navigate](#).



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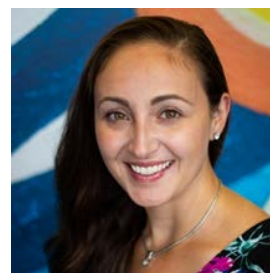
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Medical Applicant Portal

Medical Applicant Portal (MAP) is an online resource for Northeastern students and alumni to identify themselves to the PreMed and PreHealth Advising Program, receive information and updates, develop a portfolio of activities and experiences, and collect letters of evaluation and application materials.

[Register](#) for MAP! You can use the link on this page or visit your Student Hub to create an account. As a reminder, creating a MAP is not a binding action – students are free to follow or leave the PreHealth path at any time.

The screenshot shows the Northeastern University Medical Applicant Portal (MAP) interface. At the top, it displays the university name and the user's name, Ciara O'Donnell. The main content area is divided into several sections:

- MAP Sections:** A sidebar on the left lists navigation options: Profile, Academics, Evaluations, Experiences and Interests, Essay, and Complete MAP (highlighted in blue).
- Self Assessment:** A section with a link to access the self-assessment document and an upload area for completed self-assessments. A note states: "You must upload your Self Assessment document by January 31 of your application year."
- Committee Letter Agreement:** A section with a link to access the document and a note: "You must fill out your Committee Letter Agreement document by January 31 of your application year. Submission of your Committee Letter Agreement to your advisor places you on the list of active applicants for your application year."
- Upload Application:** A section with instructions to upload one PDF copy of the application (AMCAS, AADSAS, and/or AACOMAS) and an upload area. A note specifies: "AACOMAS and AADSAS applicants, though you must choose a school to download a PDF copy of your application, please upload only ONE PDF copy of your application."
- Status Table:** A table showing the completion status of various sections.

Status	Section	Summary
✓	Profile	Section Complete
✓	Academics	Section Complete
✓	Experiences and Interests	Section Complete



The Value of Experiential Learning

- Admissions committees look beyond academics to holistically review an applicant's candidacy for their program. In addition to academics, students should have well-rounded set of experiences that will support their application and provide context to their narrative towards medicine.
- Relevant experiences include, but are not limited to, community engagement and service, clinical work, research, and global opportunities. How each applicant gets these experiences will be unique to the individual. Learn more about experiential preparation for health professions by reviewing our PreHealth [Handouts](#).
- While experiential learning can take shape in many forms, Northeastern's cornerstone [Cooperative Education Program](#) offers students a unique opportunity to engage in full-time work as a part of their academic plan of study. Co-op provides Northeastern students the ability to explore career interests, create professional networks, and develop transferable professional competencies.



Co-op & PMPH

What role does Co-op play for a PreMed/PreHealth student?

- Co-op allows for full-time commitment to the experiences health professional schools will look for in applications
- Co-op allows students to explore and better understand their health career interests
- Co-op provides opportunity to create relationships with mentors and supervisors that can speak to your growth and potential in a health career
- Co-op provides the opportunity to develop the competencies schools look for in applicants



Core Competencies for PreMed & PreHealth Students

Co-op is a great way to develop professional competencies that health professional programs seek in candidates. Review the AAMC Core Competencies below to determine how your experiential preparation for health professional school applications has helped you in these areas.



Co-ops for PreMed & PreHealth Students

Health professional programs look for candidates who have robust and diverse professional experiences, and co-op allows full-time commitment to these importance experiences. There are no designated PreMed or PreHealth co-ops. Rather, students should apply to co-op jobs based on their individual interest in the position. PreMed and PreHealth students have historically participated in a co-op work experiences including, but not limited to, the following:

- **Clinical:** clinical experiences should include direct interaction with practitioners and/or patients but do not need to be at an advanced medical level. Clinical co-ops often provide hands-on care, direct contact with patients, shadowing, and the opportunity to develop interpersonal skills and bedside manner.
- **Research:** can be bench, clinical, or industry-based and in any field of interest! Research co-ops help you learn about the research process and develop critical thinking and problem-solving skills.
- **Service:** teaching, public health, non-profit work, community health, animal shelter, homeless shelter. Service-focused co-ops demonstrate your desire to better your community and commitment to helping others.
- **Industry:** biotech, consulting, administrative. Industry co-ops help to develop leadership and teamwork skills.
- **Global:** Global co-ops help develop a global perspective and understanding. Learn more about Global Coop [HERE](#).
- **Other:** You can use co-op to explore non-health interests, too!

